

CREATIVE OPTIONS ACADEMY OF HUMAN DEVELOPMENT

P.O. Box 181409 • Coronado, CA 92178

CORRESPONDENCE COURSE REQUEST FORM

Christian self-help correspondence programs for incarcerated students. Please print clearly.

1. STUDENT INFORMATION

FULL NAME (First, Middle, Last)

INMATE / ID NUMBER

FACILITY NAME

HOUSING UNIT / CELL / BED

FACILITY MAILING ADDRESS (Street or P.O. Box)

CITY

STATE

ZIP CODE

2. COURSE REQUESTED (check ONE)

☐ **Men's and Women's Anger Management** — 12 lessons

Anger and its many forms and causes, healthy ways to express and control it, and using it to create positive change.

☐ **Parenting** — 6 lessons

Meeting a child's needs, healing from how we were parented, and parenting from a distance.

☐ **Introduction to the Twelve Steps** — 12 lessons

The 12 Steps of A.A. and N.A., studied one lesson at a time with reflection questions.

☐ **Healing Prayer Journal: The Story of My Life** — 6 lessons

Available only AFTER you finish one of the courses above. Tell us which one you completed:

Course completed: _____ Date completed: _____

3. WHY I WANT TO TAKE THIS COURSE (optional)

4. SIGNATURE

STUDENT SIGNATURE

DATE

MAIL THIS COMPLETED FORM TO:

Creative Options Academy of Human Development
P.O. Box 181409, Coronado, CA 92178

Creative Options is self-financed and run by a small team of volunteers — please allow time for a reply. Follow your facility's mail rules.